

Sterling Nabours became the Director of Coaching for Harpeth Futbol Club in February of 2006. In May of 2007, he took over a dual role as Executive Director of HYSA and Director of Coaching for Harpeth Futbol Club—he was instrumental in the merge of the two organizations. He now acts as the Executive Director of Harpeth Soccer, which comprises both the recreational league (HYSA) and the select division (Harpeth FC), and continues to fill the role of Director of Coaching for the select division.

Education:

Bachelor of Science Degree in Sports Management with Emphasis in Exercise Science

Licenses and Certification:

- NSCAA Advanced National
- USSF “B” License
- ACSM Personal Training Certification
- USA Weightlifting Club Coach

College Coaching Experience:

- Student-Coach for NCAA Division II Southwest Baptist University in Bolivar, MO
- Intern with NCAA Division I Creighton University Men’s Soccer in Omaha, NE (ranked top 10 nationally)
- Assistant Coach with NCAA Division I Creighton University Women’s Soccer in Omaha, NE
- Head Coach of NAIA program Bellevue University Women’s Soccer in Bellevue, NE (ranked 1st in nation for goals per game)
- Head Coach of NCAA Division I Belmont University Women’s Soccer in Nashville, TN
- Volunteer Assistant Coach with NCAA Division I Vanderbilt University Women’s Soccer in Nashville, TN

Club Coaching/Administrator Experience:

- Director of Coaching, Cheetahs Soccer Club in Wichita, KS
- Director of Coaching, River City Soccer Club in Omaha, NE
- Co-Founder and Director of Coaching, Nebraska FC in Omaha, NE
- Head Coach of TN Division I State Champions, Brentwood Soccer Club Real Madrid in Brentwood, TN
- Coach of club teams in KS, NE, and TN (for Brentwood Soccer Club and Harpeth FC)

High School Coaching Experience:

- Head Coach, Bellevue West High School in Bellevue, NE

Fitness Training Experience

- Personal Trainer at the Nashville Downtown YMCA and Bellevue YMCA
- Speed and Agility Coach for Velocity Sports Performance in Franklin, TN and St. Louis, MO

Sterling lives in the Bellevue area with his wife, Amy, and his sons, Sterling (age 5) and Campbell (age 2).